



## A voyage of discovery - we're sailing to success together... PSHE RSE



I N T E N T	AIMS			
	At Trafalgar school, it is our intention to help children be happy, confident, self-aware and safe.	Build learners who are confident in sharing their own thoughts and opinions with others.	Build learners who are aware of their own and others needs and feelings and are nurtured to build positive, respectful relationships with other people.	To build a PSHE and RSE curriculum, which develops learning and results in the acquisition of knowledge and skills.
		Help to nurture children to be happy in themselves, confident to try new things and always show kindness towards others.	Help keep children and young people safe, physically and emotionally, be healthy and prepared for life.	To prepare children to be a global citizen now and in their future roles within a global community.

I M P L E M E N T A T I O N	APPROACH: Holistic, physical, well-being, healthy lifestyle, intellectual, personal, social, emotional, spiritual, moral and cultural		
	At Trafalgar, the teaching and implementation of the PSHE curriculum is based on the national curriculum. We ensure that PSHE and RSE are not only covered in a weekly lesson but also that it encompasses everything we do and is embedded in the ethos of our school. We know that for children to learn to their full potential, they need to feel happy and safe.	The PSHE curriculum has three core learning themes: health and wellbeing, relationships and living in the wider world, also incorporating RSE and the wider curriculum. All subjects are linked to PSHE and we recognise and encourage this.	PSHE is taught in every class on a weekly basis, however we know that it is not a discrete subject and it underpins all we do, always being incorporated into day to day school life.
		Displays across school reinforce the PSHE curriculum enable children to make links in their learning.	Children learn about their place in the community and the world, they discuss how people are different to each other
		Assemblies incorporate PSHE themes on a planned basis.	Children learn to set goals and think about their aspirations, they are taught how to keep healthy, physically and mentally.
		Children learn about friendships, family relationships and how they themselves change and grow over time.	Children learn how to keep themselves and others safe and what to do if they need help.

I M P A C T	CHILDREN MAKE EXPECTED OR GREATER THAN EXPECTED PROGRESS		
	By the time pupils come to the end of their time at Trafalgar, at the end of key stage 1, they will know how to show kindness towards others, believe in their own abilities and know where to go for help.	Children are encouraged to talk and share their ideas.	We strive for every child to achieve their full potential in PSHE, be ready for their next stage in learning and inspire aspirations for their future.